

## Conflict of interest regarding this presentation:

Guy Johnson is the Executive Director of the McCormick Science Institute



12th European

**Nutrition Conference** 

Berlin | Germany | October 20 - 23







The McCormick Science Institute advances scientific understanding of the potential health benefits of culinary spices and herbs







## **MSI** metrics

► Key benefit areas explored by MSI-funded research

Antioxidant & anti-inflammatory properties, cardiovascular health, weight management, cognition (including mental energy), overall wellness and implementation of Dietary Guidelines

**5** Research studies being planned or in execution

Manuscripts in press or preparation

29 Research studies completed

Symposia presented at national meetings

22 Peer-reviewed studies published

15 Studies presented at national meetings

7 Monographs published in Nutrition Today

1 4 National Research Awards presented



## **MSI Scientific Advisory Council and Investigators**





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